



Website: <https://churchofchrist20keam.co.za/>  
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**SUNDAY TIMES:**  
**BIBLE STUDIES: 09H00**  
**WORSHIP: 10H00 TO 11H00**  
**05 APRIL 2026**

**Preacher:** Johan Smulders  
**Sermon Topic:** "Spiritual Fitness"  
**Scripture reading:** 1 Corinthians 9: 24 - 27  
**Text:** 1 Timothy 4: 8

**SUNDAY BIBLE STUDY - 9 a.m.**

We encourage everyone to attend the morning Bible Study classes, as we study the book of Acts. Johan is facilitating the class. Please join us during this time of learning God's Word. Start reading through Acts!

**Song Leader:** Mike Baisley      **Scripture Reading:** Mike Baisley  
**Opening Prayer:** Des Hagemann      **Lord's Table:** Ray Calder  
**Closing Prayer:** Jan Roberts      **Attendance last Sunday:** 40  
**Servers:** Mike, Des, Ray & Jan

**LADIES' BIBLE STUDY – 10 a.m.**

All the ladies are invited to join in and attend the ladies' Bible Study classes. The ladies will be packing the "Jars of Hope" this Wednesday.

**PRAYER REQUESTS**

Please pray for the members and their families in our congregation who are in need of God's grace, healing and strength through difficult times.  
 Please keep Thoko and her family in your prayers at the passing of her brother.

**ACTIVE DUTY** by Joe Slater

Facebook and other social media platforms contain endless junk and foolishness, but every now and then you can find something worthwhile. I saw a Facebook meme portraying a man speaking to his wife while he held an envelope in one hand and the letter it had enclosed in the other. With a look of consternation he said, "It's from our church . . . we've been called up for active duty."

In the armed forces you can be in the reserves. You understand that if the need arises, you can be called to active duty. Until then, however, you carry on with life as any civilian would do. You may be required to show up for duty a few weekends each year, but that's the extent of it.

The Lord's church is His army and it has no reserves. Every soldier is expected to "put on the whole armor of God" and engage in spiritual warfare (Ephesians 6: 11). Assembling regularly with the other troops is but one aspect of duty, but it is a vital one!

The Facebook meme concluded with this admonition from Jeff Carr, the man who posted it:

- "Don't tell me your excuses....
- Tell it to your brethren who are discouraged by your absence.
- Tell it to the visitors who wonder why the members don't support their own meeting.
- Tell it to the lost who wonder if the Gospel or the Lord's church is worth it.
- Tell it to those who have the same reasons as you for not attending, but come anyway.
- Tell it to the Lord who came to this earth and died for you."

**Soldier of the cross, fall in!**

**BIRTHDAYS**

Irene Baisley – 06 April  
 Rebecca Wood – 09 April  
 Rebecca, may God bless you as you celebrate your special day!  
 Happy 97th birthday, Irene! Thank you for being a precious woman of God, a living testimony of God's grace for nearly a century. Your faith has been a beacon of hope to us all. We pray today that God rewards your faithfulness with immense peace and joy.

**ANNIVERSARIES**

Konrad & Gill Brandstetter - 05 April  
 Brian & Renee Martin – 10 April  
 "Wishing both couples a wonderful anniversary! May the Lord continue to bless your union with joy, love and His perfect peace. We pray that your love for each other continues to grow stronger, grounded in the love of Christ, for many more years to come."

## WELCOME

We welcome all visitors this morning. We believe that you will be blessed as we worship God. Please feel free to ask any questions regarding our worship or about God's Word.



### NOTE FROM VICKY HALL

My dear family in Christ.

The love and support I received from Keam Road, I'll cherish for the rest of my life.

I'll miss you.

God's richest blessings.

Vicky.

(Vicky now lives in Port Elizabeth)

### FULL ARMOUR OF GOD

Ephesians 6: 11 "Put on the full armour of God, so that you can take your stand against the devil's schemes" (NIV).

Ephesians 6: 11 emphasizes active spiritual preparation to resist evil, urging Christians to utilize God-given spiritual tools to stand firm against deception and adversity.

#### **Key Aspects of Ephesians 6: 11:**

- **"Put on":** This is a call to action, implying a daily, proactive choice to equip oneself.
- **"Full Armor of God":** It signifies complete, divine protection rather than relying on human strength.
- **"Stand against / firm":** The goal is stability and resistance against spiritual attacks, not necessarily initiating a fight, but holding ground.
- **"Schemes of the devil":** This refers to the strategic, deceptive, and manipulative tactics of evil forces.

#### **Context and Meaning:**

- **Spiritual Warfare:** The verse sets the stage for the following verses that describe the armour (truth, righteousness, peace, faith, salvation, Word of God).
- **Daily Application:** It is often interpreted as a daily directive to pray and prepare mentally and spiritually for challenges.
- **Purpose:** The ultimate purpose is to remain firm in faith, despite unseen spiritual opposition

Bulletin compiled by:  
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